



INTERNSHIP PROGRAM

Information Pack: Agua Kenya Ltd Campus

Agua Inc Internship

Orientation Information Pack

Welcome!

We are very excited that you are joining the Agua Inc Team in Kenya for what promises to be an unforgettable summer filled with new experiences, hard work, and plenty of adventures! To get prepared for your visit, and to give you some more details on the program we have completed this orientation information pack, which includes program information, travel and health information, accommodation information and steps that we need you to complete to finish your registration process.

Registration and orientation:

___ Review Program Orientation Documents:

- Program Description and Outline
- Weekly Schedule and activity options.

___ Select Accommodation Package

- Review Accommodation Options
- Fill out and return Accommodation Form (listed below)
- Pay online

___ Complete and return forms.

- Internship Form
- Optional Activities
- Release of Liability
- Code of Conduct
- Health Review Form

___ Get Ready to Travel:

- Review Kenya Country Profile and Travel Information
- Enroll with the US embassy in Kenya at:

<https://ke.usembassy.gov/>

Purchase your visa at:

www.ecitizen.go.ke

- Review Country Health Information and Required Vaccination
 - Complete a health check-up and get relevant vaccinations and medications from your doctor (fill out health review form).
 - Sign-up for travel health insurance



PROGRAM ORIENTATION

Agua Inc is an international, award winning water treatment technology and infrastructure company that provides plant-based wastewater treatment and drinking water purification systems. Agua Inc. uses ecological methods with full respect for the environment with successful projects on four continents having built over 200 systems ranging from municipal scale wastewater treatment, drinking projects for remote communities and industrial wastewater systems. We take great pride in the fact that our projects have shown measurable impact by not only improving the environment but also greatly reduced child mortality and cholera wherever our systems are present. With 14 years of experience, we have brought together experts in engineering, building, biology, botany, and urban planning to offer affordable and lasting systems.

Agua Inc is now proud to announce the “Agua Inc Base Camp”, located in one of the most intriguing countries in the world, Kenya. The Agua Inc Base Camp is a space dedicated to teaching hands-on approaches of designing sustainable solutions for the largest issues we face globally. Powered by Agua Kenya, Agua Inc is now offering a revolutionary internship opportunity, where impact and experience are intertwined with learning our innovative water treatment methods and consulting techniques. Your days will involve working with Agua technology, creating game-changing media, interacting with Kenyan government and department representatives and working closely with communities in need. Interns will also have the opportunity to create a custom program within our extensive network. The Agua family understands that changing the world takes several dimensions, as such we offer much more than water treatment.

Interns will spend a minimum of 3 weeks in and around Nairobi, during which we will collaborate with some of the most accomplished Agua mentors, as well as Africa’s leading entrepreneurs and artists. These unique engagements with will prepare interns to think critically and take action in the developing world. Agua Inc is seeking to train dedicated, flexible, and wide thinking individuals that want to create the greatest impact on this planet.

Outside of workdays with a dynamic energetic company, you will get to fully immerse yourself in the Kenyan culture where you will play & work directly with the people you aim to impact while intimately gaining in-country socio-economic knowledge.

This experience will assist in developing your global perspective, your expertise in sustainable technologies and development, all whilst learning the power of effective impact. These are only a few of the outcomes of the Agua Internship experience, the personal and pre-professional development you will derive is not comparable to any other intern-abroad experience. Imagine working in a developing country that is emerging into a middle class society, all while developing a powerful network within global development.

We hope to see you in Kenya and see you on the other side of world change.

SCHEDULE AND ACTIVITIES:

Each intern is expected to work Monday through Friday from 9AM to 5PM for a minimum commitment of 6 weeks. Each morning interns will meet with staff to discuss how projects are progressing, ask questions, talk about upcoming events, and activities.

Breakfast, Lunch and dinner will be hosted at Agua Inc Base Camp, at 8AM, 1PM, and 7PM.

After 5PM, a variety of optional activities will be offered both on and off campus (Listed Below).

Internship Hours: Monday – Friday (9AM to 5PM)

Minimum Time commitment: 3 weeks, 6 weeks recommended.

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7AM						Free Day	Free day
8AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast		
9AM	Morning Meeting						
10AM							
11AM							
12PM							
1PM	Lunch	Lunch	Lunch	Lunch	Lunch		
2PM							
3PM							
4PM							
5PM							
6PM	(Optional Activities)						
7PM	Dinner	Dinner	Dinner	Dinner	Dinner		
8PM							
9PM							



Optional Activities:

Agua Inc has negotiated discounted rates for activities for Agua Inc interns, staff, and students. Sign-up online in advance to guarantee your spot, sign-up is also available in country, but availability is not guaranteed.

Musical Instruments Class: Two one hour classes each week. \$25 per day. @Yaya Centre (Monday and Wednesday, 6pm -7pm)

Swahili Language Classes: \$8 per week (two one hour classes) @Agua Inc Base Camp (Tuesday and Thursday 6pm-7pm)

French or Spanish Classes: \$8 per week (two one hour classes) @Agua Inc Base Camp (Mondays and Wednesdays, 5-6pm)

Smart Gym Fitness Membership: Includes fitness classes, and full access to gym. \$35 per month.

Weekend Trips to National Park: Day Trips including transport and lunch \$25. Entry park fee for foreigners \$50

Kenya Tours and Safaris: Agua Inc interns will have access to discounted tours and safaris. A detailed list shall be available online.

Other classes available include

How to cook african cuisine.

Identification and use of east african medicinal herbs.

Other Free Activities:

Bike Riding

Hiking (Ngong Hills)

Tour of Nairobi CBD

Basketball Games

Board Games

Touch rugby

ACCOMMODATION PACKAGES:

Agua Inc interns are required to purchase an accommodation package pre-arrival; these also include meals at Agua Inc Base Camp daily (Monday-Friday) and your choice of an accommodation option. There is a variety of options available including on campus and off campus accommodation (exclusively discounted for Agua Students and Staff). Availability for each location is based on a first come basis.

Homestay: \$350 per week, shared room. Stay with a local Kenyan family and experience local life and culture.

Agua Inc Base Camp: \$500 per week, shared room (2 people per room, each with an ensuite bathroom). Stay in Karen at the Agua Inc Base Camp. Includes M-F Meals at Agua Inc Base Camp, high speed internet and room cleaning services.

Bush House and Camp: \$445 per week for a single room. For more information about the hotel: <http://www.bush-house.com/>

Strand Hotel: \$490 per week, in a single room. Includes hotel breakfast and M-F meals at Agua Inc Base Camp. For more information about the hotel: <http://thestrandhotelkenya.com/rates>

Karen Little Paradise : \$493 per week, in a single room. Includes hotel breakfast and M-F meals at Agua Inc Base Camp. For more information about the hotel <http://karenparadise.com/>

Private Rooms: If you are interested in a private room, please email:

lianna.sio@aguainc.com for information on pricing.

Deposit: Spaces are very limited, to reserve your place we require a \$500, non-refundable prepayment. The remaining balance must be paid, no later than one month prior to arrival.

INTERNSHIP FORM

1. Personal Data

Name, as it will appear on passport (Last, First, Middle)

Age _____ Birth date ____/____/____ (Month/Day/Year)

Gender, as it appears on your passport _____

Nationality _____ Passport Number _____

Permanent Residence Address

City _____ State _____ Zip Code _____

Country _____

Current Telephone _____

E-mail _____

2. General Information

Anticipated Start Date Day Year
____/____/____
Month

Anticipated Completion Date Day Year
____/____/____
Month

2. Academic Information:

Current academic status (Undergraduate Student, Undergraduate Graduate,
Graduate Student, Post-Graduate, Phd Student, Other)

University or Academic Institution where you are studying or completed your studies:

Title of Program:

Graduation Date (Day/Month/Year)



What do you hope to gain from this program?

Are you bringing a laptop? (We recommend bringing a laptop)

Emergency Contact

Name _____ Relationship _____

Phone _____ Email _____



ACCOMMODATION FORM

1. Personal Data

Name, as it will appear on passport (Last, First, Middle)

Age _____ Birth date ____/____/____ (Month/Day/Year)

Gender, as it appears on your passport _____

Nationality _____ Passport Number _____

Permanent Residence Address

City _____ State _____ Zip Code _____

Country _____

Current Telephone _____

E-mail _____

2. Accommodation Selection:

All accommodation options include accommodation in a shared room, and meals Monday-Friday at Agua Inc Base Camp.

Choose one:

_____ **Homestay** \$350 pw

_____ **Agua Inc Base Camp** \$500 pw

_____ **Bush House and Camp** \$445 pw

_____ **Strand Hotel** \$490 pw

_____ **Karen Little Paradise** \$493 pw

Do you have any dietary restrictions or allergies (we cannot guarantee that we can cater to all dietary restrictions or preferences):

Internship: Start Date: ____/____/____ End Date: ____/____/____

Agua Interns have the option of purchasing extended accommodation either before or after the completion of their internship. If you are interested in further staying and exploring Kenya after your internship has ended or before it has started. Please write the dates below.



Pre-Internship: Start Date: ____/____/____ End Date: ____/____/____

Post- Internship: Start Date: ____/____/____ End Date: ____/____/____

Total Days (Including Internship and Pre/Post accommodation): _____

Total Weeks (Total Days/7): _____ Total Cost \$_____

Deposit – Accommodation spaces are limited so we require a \$500 deposit to reserve your accommodation. This deposit is not refundable. The remaining balance of your accommodation cost is due one month prior to your anticipated arrival.

Payment – We accept checks, bank transfers, and online payments via Paypal or credit card. If you have any questions or problems don't hesitate to let us know.

I agree that I am responsible for any damage to the hotel or campus that I may cause
_____ (initial)

I agree that I am solely responsible for my belongings, and that any loss or theft is my sole responsibility and not that of either the campus or the hotel (initial)

I agree to pay for the entire cost of my stay and meals _____(initial)

I agree to be respectful of my roommates and their belongings _____ (initial)

Signature _____ Date ____/____/____

*After submitting this form we will send you a payment link.

INTERN CODE OF CONDUCT:

Interns will be expected to act in a professional and ethical manner. The intern's conduct should make the employer want to host interns from this college in the future. **The following is expected of interns representing Agua inc:**

- Adhere to the Agua Inc Code of Conduct with specific regard to the drug and alcohol policy.
- Maintain confidentiality of work-related projects and personnel.
- Familiarize yourself with, and adhere to, relevant organizational arrangements, procedures, and functions.
- Understand what constitutes a permissible work absence and who to notify if absent, be prompt with being on time to work and with assignments; give it your best effort.
- Changes in work schedule, supervision, or problems at the site must be reported to the Agua Inc internship coordinator.
- If the intern feels victimized by a work-related incident, contact the Agua Inc internship coordinator immediately.
- Dress appropriately for the work setting.
- Follow through on commitments.
- Keep a positive attitude, with a motivation to contribute.
- Keep an open mind; avoid jumping to conclusions; try to make informed judgments
- Be observant – see how people organize their ideas and respond to situations
- Communicate – keep people informed in a useful and succinct way, listen and ask questions.
- Be fair, considerate, honest, trustworthy, and cooperative when dealing with co-workers.
- Assert ideas in an appropriate and tactful manner.

I agree to the above stated Agua Inc Internship Code of Conduct and will make every effort to abide by it.

Signature _____ Date _____



RELEASE OF LIABILITY AGREEMENT:

Agua Inc

INTERNATIONAL SUSTAINABLE DEVELOPMENT INTERNSHIP

Assumption of Risks, Responsibility and Liability Waiver

Please read this carefully and have your signature witnessed

In consideration of being permitted to complete my Internship at:

Name _____ of _____ Internship
Site _____ by Agua Inc

and the Agua Inc Base Camp Program, I agree, as follows:

Assumption of Risks: I understand that participation in an Agua Inc Internship abroad will take me away from my campus and permanent location for an extended period of time. During this time. I understand that I will be in an unfamiliar surroundings and will be exposed to
self
will



I understand that I may suffer physical injury, sickness or death, or damage to my property, as a result of my participation in the Internship program; and that there is the possibility of violence and crime, civil unrest, homesickness and loneliness. I freely and voluntarily accept and assume all such risks, dangers and hazards. Accordingly, I understand that despite its efforts, Agua Inc may not be able to ensure my complete safety at all times from such risks and dangers.

Assumption of Responsibility: I understand that it is my responsibility to abide by all applicable policies of Agua Inc and laws of the host country and to ensure that I have adequate medical, personal health, dental and accident coverage, as well as protection of my personal possessions. Prior to my Internship I shall provide Agua Inc evidence of my purchase of insurance and coverage.

More particularly, I appreciate that Agua Inc does not carry accident or injury insurance for my benefit and also that there may be certain matters for which I should be held at fault personally if the accompanying circumstances do not relate to or arise from my education or if my activities or my conduct falls short of what would be considered reasonable in the circumstances. In these cases, I agree to be accountable in all respects for my own actions and not to ask Agua Inc or its employees to accept the consequences thereof; further, I agree to be responsible for any claims made against Agua Inc in relation to such action.



I understand this may include, but may not be limited to traveling to and from other countries, traveling to and from cities and towns outside the United States of America, consuming the food and living in those accommodations available in the foreign country(ies) to which I travel, and living and working in cultures and with people whose living conditions, social practices and values, and attitudes towards foreigners may be significantly different from those in my home country and culture.

I acknowledge that I have been advised by Agua Inc and my home-country embassy of such risks and dangers as well as the need to act in a responsible manner at all times and understand these responsibilities. My signature below is given freely in order to indicate my understanding of the acceptance of these realities and in consideration for being permitted by Agua Inc to participate in the Agua Inc Base Camp and International Sustainable Development Internship program. I recognize that Agua Inc will not supervise any of the host institution academic programs, living arrangements, or extracurricular activities, during my participation in the Internship program. I further give Agua Inc the authority to either investigate claims directly onsite or obtain such



Standards of Conduct/Discipline: Agua Inc's Internship site agree that interns assigned to site will adhere to the rules, regulations and standards applicable to Agua Inc and the site, including rules of ethical and professional conduct as set out at Agua Inc and the site.

Agua House, Homestay, or Hotel Accommodation Release from Liability: This release of liability being signed also defines that you agree to release and hold harmless Agua House, any homestay host(s), or associated hotels, its owners, agents, and other guests from any liability. I, the undersigned (hereinafter the Guest) hereby irrevocably & unconditionally release & hold harmless from liability Agua House, any homestay host(s), or associated hotels, its owners, agents, and other guests (all four groups hereinafter known as Releasees) from any & all liabilities, claims, actions, damages, costs, or expenses of any nature whatsoever whether in law or equity, known or unknown, occurring during, caused

by, relating to, or arising in any way from my participation at Agua House, any homestay host(s), or associated hotels,

I understand that attending a facility in the country may involve participation in physical activities both indoors and outdoors, and certain exposure to wildlife. With these, and all related activities, there is a certain element of risk. By accepting this waiver, I hereby acknowledge that my participation is at my own risk, and that I assume all responsibilities for any and all aspects of participation by both myself and any associated personnel. This waiver applies to any and all activities participated in at Agua House, any homestay host(s), or associated hotels.



I understand that this release from liability irrevocably & unconditionally releases and holds harmless all Releasees from any financial or other liability for any injury, bodily harm, sickness, illness, or loss of life that I as a Guest or my family member or friend may suffer and from any economic harm or loss of property occurring during, caused by, relating to, or arising in any way out of staying at Agua House, any homestay host(s), or associated hotels.

I, the undersigned, have read this release from liability understand all of its terms; I have executed it voluntarily, with full knowledge of its significance, & intend to be legally bound by it. My signature includes any associated personnel with me in coverage of this release form.

Liability Waiver: I release and hold harmless Agua Inc, its employees, students and agents, from any and all liability for any loss, damage, injury or expense, that I, or any associated personnel may suffer as a result of my participation in the Internship, including, but not limited to, accidents, acts of God, war, civil unrest, sickness, transformation, scheduling, government restrictions, or regulations and any and all expenses which I may incur while participating in the Internship program.



This waiver is effective for the period that I will be participating in the Internship. I understand that this agreement cannot be modified or interpreted except in writing by Agua inc and that no oral modifications or interpretation shall be valid. This agreement shall be effective and binding upon my heirs, next of kin, executors, administrators and assigns, in the event of death.

I have read this document carefully and I acknowledge my responsibilities and the effect of this liability waiver.

Candidate Name:

Permanent Address:

Candidate Signature:

Name of witness to candidate's signature:

Signature of witness:



HEALTH FORM:

Intern Health Review Form

Name: _____

Phone _____ Birth date: _____

1. Do you have any potentially life-threatening conditions we should be aware of? 2.

____yes ____no

If yes, Please explain:

2. Per state law and college policy, you are required to have medical insurance



Insurance Company: _____ 24-hour Phone _____

Policy Number _____ Medical ID Number _____

Emergency procedure preferences, if any:

3. Medical History of Participant: Please answer the following questions to the best of your knowledge.

NO YES Are you taking any required medication? If yes, list the medication and dosage:

-
- Are you currently under the care of a physician, practitioner, counselor or psychologist at this time?

If yes, describe:

-
-
- Do you have any physical complaints, chronic illness, or psychological problems at this time? If yes, describe:

-
-
- Have you had injuries in the past? (back, knee, shoulder, elbow, etc)



If yes, describe:

_____ Are you on a special diet? If yes, specify:

4. Do you have or have you ever

had: YES ? (check if yes)

Diabetes? If yes, list your insulin medication and dosage

Seizures?

Asthma?

Allergies? Please specify

Allergies to bee stings? Describe reaction

Do you carry medication? Describe:

5. Please specify any other medical conditions

I approve of emergency care for myself, or the above minor, under the direction of the event leader or consulting doctor, if I am unable to make my wishes known.

I DO NOT wish to grant medical consent.

I have filled out this form to the best of my knowledge. I have consulted a physician if I have any medical risks. If traveling independently, I will keep a copy of this record with my important travel documents.

Signature _____ Date: _____



GET READY TO TRAVEL

Country Profile:

Kenya is a country that is located in East Africa and is bordered by the Indian Ocean, Uganda, Tanzania, Rwanda, Somalia, Ethiopia and Sudan. Nairobi, Kenya's capital city, where the Agua Inc base camp is based, is also known as the green city in the sun. This name is well deserved as it enjoys sunny days throughout most of the year and even though Kenya has a hot climate due to its location, Nairobi has some of the most moderate temperatures in Africa with lows of 13°C (55°F) and highs of 30°C (84°F). Nairobi is the only city in the world that borders a wildlife park, Nairobi National Park that happens to be a 10 minute drive from the Agua Inc. Base Camp. Nairobi also has 3 gazetted forests, including Karura which is the largest covering over 1,000 ha, Ngong forest which is a short hike from the base and Arboretum forest which is a 20 minute walk from the CBD. Nairobi has the fastest internet in Africa and possibly the best coffee but for some reason Kenyans prefer to drink tea. The country's official languages are Swahili and English which are both widely spoken making it very easy to live and move around.

KENYAN PEOPLE AND CULTURE

In Kenya, **more than 60 languages** are spoken and there are **more than 40 ethnic groups**. Almost everyone speaks more than one African language and most Kenyans speak 3 languages, their tribal language, Swahili and English. Swahili, which comes from the Arabic word meaning "coast," is a mix of Arabic and the African language Bantu. It first developed in the tenth century with the arrival of Arab traders; it was a *lingua franca* that allowed different tribes to communicate with each other and with the Arabs. In Swahili the word "chai" means tea, so in America when you order a chai tea you are actually saying tea tea.

Kenyans are known on the continent as hardworking entrepreneurial types and people who party hard. Whether it is in Nairobi, Lagos, the Middle East or European markets, that ethic to go out, build a new business and look for solutions is the Kenyan way. Today Kenya is extremely ripe for risk-takers. Fearless, innovative, creative entrepreneurs are widely

recognised as the prime movers of economic development, the people who translate ideas into action.

FOOD AND ECONOMY

The staple food in Kenya is *ugali and nyama choma (roasted meat)*. *Ugali* is made from maize flour. However, the various ethnic groups in Kenya also have different staple foods, e.g. the Kisii's staple food is *bananas*, Taita's is *cassava*, Kikuyu's is *mokimo*, Luo's is *ugali and fish* e.t.c.

Tea mixed with milk and sugar is a common drink. Palm wine is another popular libation, especially in Mombasa. Beer is ubiquitous, most of it produced locally by the Kenyan Breweries. There are also traditional beers like *muratina and mnazi (made from coconut)*.

Agricultural products such as tea, coffee, fruits, vegetables and fresh flowers make up the majority of Kenya's exports. Most of Kenyan food is organic and very affordable, whole foods is what we eat daily.

Kenya's wildlife is unrivalled by any other in the world, both in terms of numbers and variety of species. Thousands of tourists visit Kenya every year to view the wild life particularly the wildebeest migration. Animals such as lion, leopard, buffalo, elephant, rhino, giraffe, zebra, crocodiles, hippopotamus, gazelles, cheetahs, hyena and a wide range of bird species can all be found in Kenya.

Kenya is the long distance

Kenya has the second most active Twitter community in Africa

Mpesa, one of the worlds largest non-bank system moving over 150 million dollars daily, more than western union does worldwide. M-Pesa services in 10 countries: Albania, the Democratic Republic of Congo, Egypt, Ghana, India, Kenya, Lesotho, Mozambique, Romania and Tanzania. As of the end of December 2016, M-Pesa served almost 29.5 million active customers through a network of more than 287,400 agents. During 2016, the service processed around 6 billion transactions, peaking in December 2016 at 529 transactions every second.

TRAVEL INFORMATION

Here are some helpful traveling tips when coming to Kenya:

STEP 1

Apply for and obtain a passport. The Kenyan government requires travelers to present a valid passport before entering the country. To apply for a passport, visit your nearest passport acceptance facility, such as a regional passport agency or post office.

STEP 2

Purchase a travel visa. Along with your passport, you will also need a travel visa to enter Kenya's borders. You may buy a visa from the U.S. Embassy before your trip, or you may obtain one at the airport upon your arrival in Kenya. <https://immigration.ecitizen.go.ke/index.php?id=5>

STEP 3

Choose an airport to fly into. Tourists can fly into two major airports in Kenya: Jomo Kenyatta International Airport in Nairobi and Moi International Airport in Mombasa. Most visitors fly into Nairobi due to the availability of flights, but some visitors opt for Mombasa since it offers easier access to the coast. In this case, Jomo Kenyatta International Airport is the recommended airport.

STEP 4

Book your flight to Kenya. Once you have chosen your travel dates, book your plane tickets as soon as possible to ensure you get the best price. American-based airlines like Delta and United

offer direct flights from U.S. cities to both Nairobi and Mombasa. You can also book flights through an African or European airlines, like Kenyan Airways or British Airways.

STEP 5

Pack for your trip. Since Kenya has warm weather year-round, you will want to bring short-sleeve shirts, shorts, and sturdy shoes for walking and hiking. You should also pack a pair of long pants, a sweater and a light jacket in case the evenings get chilly. Other items to bring include toiletries, sunscreen, insect repellent and essential travel documents. Be sure to check the current weather online.

STEP 6

Arrive at the airport early. On the day of your departure, arrive at the airport at least two hours before your flight departs. Certain airports, like Philadelphia International and Washington Dulles, recommend arriving three hours early for international flights. Check the guidelines of your departing airport.

If you want help in finding a flight, let us know and we can help you to find an affordable and reliable flight option.



ENROLL WITH THE US EMBASSY IN KENYA

Enroll with the US embassy in Kenya.

<https://ke.usembassy.gov/>

Health:

- 1) **Read all of the CDC health recommendations for Kenya available at: <https://wwwnc.cdc.gov/travel/destinations/traveler/none/kenya>**
- 2) **If you have prescription medication or take specific medication regularly, buy extra supply for your travels. Although there are clinics and pharmacies in Kenya, many of them may not carry your medication, and stock is often limited so bring extra.**
- 3) **Get a check up from your doctor, get travel health advice, and appropriate medication and vaccinations.**
- 4) **Sign-up for travel insurance for your time in Kenya.**

Required Vaccines: For your health, based on CDC recommendations we require that all interns get the following vaccines and medications (from the CDC, please check for updates from the link above):

Routine Vaccine: Make sure you are up-to-date on routine vaccines before every trip. These vaccines include measles-mumps-rubella (MMR) vaccine, diphtheria-tetanus-pertussis vaccine, varicella (chickenpox) vaccine, polio vaccine, and your yearly flu shot.

Hepatitis A: CDC recommends this vaccine because you can get hepatitis A through contaminated food or water in Kenya, regardless of where you are eating or staying.

Typhoid: You can get typhoid through contaminated food or water in Kenya. CDC recommends this vaccine for most travelers, especially if you are staying with friends or relatives, visiting smaller cities or rural areas, or if you are an adventurous eater.

Cholera: CDC recommends this vaccine for adults who are traveling to areas of active cholera transmission. Cholera is rare in travelers but can be severe. Certain factors may increase the risk of getting cholera or having severe disease. Avoiding unsafe food and water and washing your hands can also prevent cholera.

Malaria: Talk to your doctor about how to prevent malaria while traveling. You may need to take prescription medicine before, during, and after your trip to prevent malaria, especially if you are visiting low-altitude areas.

Yellow Fever: Health recommendation: Yellow fever is a risk in certain parts of Kenya, so CDC recommends the yellow fever vaccine for travelers 9 months of age or older to these areas.

Country entry requirement: The government of Kenya requires proof of yellow fever vaccination if you are traveling from a country with risk of yellow fever (this does not include the US).

Your doctor can help you decide if this vaccine is right for you based on your travel plans.

Additional Recommended Vaccines (These are addition vaccines that CDC recommends, please review these with your doctor and choose appropriate vaccinations.)

Hepatitis B: You can get hepatitis B through sexual contact, contaminated needles, and blood products, so CDC recommends this vaccine if you might have sex with a new partner, get a tattoo or piercing, or have any medical procedures.

Meningitis (Meningococcal disease): CDC recommends this vaccine if you plan to visit parts of Kenya located in the meningitis belt during the dry season (December–June), when the disease is most common.

Rabies: Rabies can be found in dogs, bats, and other mammals in Kenya, so CDC recommends this vaccine for the following groups:

- Travelers involved in outdoor and other activities (such as camping, hiking, biking, adventure travel, and caving) that put them at risk for animal bites.
- People who will be working with or around animals (such as veterinarians, wildlife professionals, and researchers).
- People who are taking long trips or moving to Kenya
- Children, because they tend to play with animals, might not report bites, and are more likely to have animal bites on their head and neck.

Pre-Arrival Mini Activities:

We are asking all of our interns to complete the following two mini activities pre-arrival. Responses will be shared among interns to help everyone get to learn a little bit about everyone who is coming, and selected responses will be posted on the Agua Inc website.

- 1) **Bio:** Write a one-page bio about yourself. This can include: Where you are from, what you are studying, why you are participating in the Agua Inc internship, what are your passions, any personal experiences with water (contamination, treatment, etc), your hobbies, goals for the summer, anything else you would like to share. Include one headshot photo (can be standard or creative).
- 2) **Water Mini Essay:** Write a 1-3 page mini essay about one key water related issue that you are interested in that is affecting Africa. Examples: Water scarcity, well contamination, wastewater contamination, privatization of water rights, water costs, water resource management, the effect of climate change on water resources, etc.

Questions?

Feel free to contact us at: lianna.sio@aguainc.com

+254704605958



